

2023/5784

High Holy Days



□ WORSHIP INFORMATION □

Rosh HaShanah

~ S'lichot Service joined by OZ @ Temple Sinai	Saturday	September 9	7:30 pm
~ Erev Rosh HaShanah Service	Friday	September 15	6:30 pm
~ Young Families' Service	Saturday	September 16	9:00 am
~ Rosh HaShanah Service	Saturday	September 16	10:00 am
~Tashlich and Havdalah (Winooski Falls Overlook)	Saturday	September 16	6:00 pm

Shabbat Shuva

~ Shabbat Shuva "Shirtan" chant and meditation service	Friday	September 22	6:30 pm
~ Shabbat Shuva Morning Service	Saturday	September 23	9:30 am
~ Shabbat Shuva Torah Study	Saturday	September 23	10:30 am
~ Cemetery Memorial (Patchen Road Cemetery)	Sunday	September 24	10:00 am

Yom Kippur

Reverse Tashlich	Sunday	September 24	10:00 am
~ Kol Nidre/Erev Yom Kippur	Sunday	September 24	7:00 pm
~ Young Families' Service	Monday	September 25	9:00 am
~ Yom Kippur Morning Service	Monday	September 25	10:00 am
~ Yizkor with Remembrance of Yom Kippur War	Monday	September 25	1:00 pm
~Sanctuary Open for Private Prayer	Monday	September 25	2:00 pm
~ Chanting for Renewal Afternoon Service	Monday	September 25	4:00 pm
~ Neilah	Monday	September 25	6:00 pm
~ Havdalah and Break the Fast	Monday	September 25	7:00 pm

IMPORTANT INFORMATION ABOUT HIGH HOLY DAY SERVICES THIS YEAR

Admission

- We do our best to **welcome everyone** to our High Holy Day services, but seats are limited, and priority goes to Members in good standing.
- To expedite entry, each Temple Sinai Member Family in *good standing* will receive a Member Entry Card in the mail which allows the family to enter without checking in.
- Affiliated members of other synagogues visiting from out of the area who wish to attend and have priority entrance, should contact the synagogue by September 1, 2023, to get an Entry Card by mail or email.
- Those without an Entry Card will need to sign in for security purposes.

There will be two lines to get into services and if you have your Entry Card - you will get in quickly.

Child Care

Free childcare will be available during morning adult services for children 3-8 years old. All children left must be potty-trained. Children 9 years of age and older are encouraged to attend regular services with their family members. Please [register](#) online through the calendar for childcare so we are staffed appropriately.

Tzedakah

As a *central* component of our High Holy Days, we collect money and dry goods for the South Burlington Food Shelf. Drop off dry goods at Temple Sinai; contribute to the food shelf [here](#).

High Holiday Prayer Books

We will be using the *machzor*, or High Holy Day Prayer Book, MISHKAN HANEFESH. **Members who do not yet own a copy of MISHKAN HANEFESH may purchase copies by calling the Temple office—the price per set is \$50, or an electronic version of each book may be purchased as a Kindle Book from Amazon.com for tablets and Kindles. If you are purchasing a book from TS or need to borrow one for high holidays, please contact Stacie.**

High Holiday Etiquette

- Sanctuary doors will remain closed during the Rabbi's sermon.
- Sanctuary doors will remain closed when congregants are standing, or the Ark is open.
- Sanctuary doors will remain closed until a prayer has ended.
- Congregants are encouraged to talk softly outside the sanctuary doors or when going to/from their seats during the service.

Parking

- No parking in the Fire Lane.
- No double parking or blocking of vehicles.
- No blocking of walkways.
- Additional parking is available next door at the Mosque
- Please obey the direction(s) of Temple Staff and On-Site Security

Rosh HaShanah Oneg & Kiddush

The Temple Sinai Board will host an Oneg following the Erev Rosh HaShanah service. The Membership Committee will host a Kiddush following the Rosh HaShanah Morning Worship.

Breaking the Fast - At the conclusion of our Neilah service, we will break the fast together in our social hall. Please join us, and please register on the website.

SERVICE DESCRIPTIONS

BEFORE ROSH HASHANAH

SELICHOT: STEPPING ONTO THE PATH OF FORGIVENESS

Saturday, September 9, 7:30 pm, with OZ joining us at Temple Sinai

Selichot is the traditional beginning of the High Holy Day period of reflection and forgiveness. Beginning with Havdalah, we mark the turn into this season with holy day chants, special music and prayers for forgiveness. We will also hold space for personal reflection as we enter the Days of Awe.

ROSH HASHANAH SERVICE

EREV ROSH HASHANAH: HONORING OUR SACRED WORLD

Friday, Sept 15, 6:30- 8:00 pm

In our tradition, Rosh Hashanah is called the “birthday of the world.” It is a day of celebration and gratitude for the world around us, and this year, a day to reflect on the impact of climate change and our responsibilities to future generations.

ROSH HASHANAH YOUNG FAMILIES’ SERVICE

Saturday, September 16, 9 – 9:45 am

The core meaning of Rosh Hashanah is reimagined for little Jews and their friends. Songs, stories, and key ideas of the New Year with Saragail Benjamin and Rabbi Edleson.

ROSH HASHANAH MORNING SERVICE

Saturday, September 16, 10:00 am – 12:30 pm

A music and prayer-filled worship service to celebrate the New Year and its possibilities and responsibilities. We will read and reflect on the story of Hagar. Our music celebrates our Jewish musical heritage with traditional chants, classic Reform compositions, and newer Jewish music.

TASHLICH AND HAVDALAH ON THE RIVER

Saturday, September 16, 6:00 pm Winooski Falls Overlook

This year, we will symbolically let go of some of the angst and tensions we have built up over the year and cast our sins symbolically into the water.



CHOL HA-MOED: BETWEEN THE HOLY DAYS

The Day of Awe, the ten days between Rosh Hashanah and Yom Kippur are a time for reflection and making amends. Particularly, Shabbat Shuva, the Shabbat of Return, the sabbath between Rosh Hashanah and Yom Kippur, continues the theme of *t'shuvah* while celebrating Shabbat.

SHABBAT SHUVA "SHIRTAN"

Meditative Chanting Service

Friday, September 22, 6:30 -8:00 pm

A time to breathe, chant, and listen to the "still small voice within" to help us on the road of *t'shuvah*, return to a life of goodness. This is an alternative-style service, with chanting and guided visualizations and meditations on the themes of return and forgiveness.

SHABBAT SHUVA SHACHARIT-

Saturday, September 23, 9:30-10:30 am

Our one-hour Shacharit service is rooted in the traditional chanting of prayers but includes English readings and songs as well so that all can participate, with insertions for the season. *(This service will not include a Torah service.)*

SHABBAT SHUVA TORAH STUDY -

Saturday, September 23, 10:30-noon.

Participatory, free-ranging study of texts of repentance and *t'shuvah*

CEMETERY MEMORIAL (PATCHEN ROAD)

Sunday, September 24, 10 AM

Please [register online](#) through the Temple Sinai calendar to ensure we have a minyan.

REVERSE TASHLICH

Sunday, September 24, 10 AM- 2 PM

Join us with the OZ community to clean up Burlington's Barge Canal. This event is appropriate for all ages and will include group clean-up activities facilitated by community members who have been involved in the Barge Canal area management.

About Reverse Tashlich: This program is a recent add-on to the Jewish traditional Tashlich, an annual ritual in which some Jewish people throw crumbs of bread into a body of water during the Rosh Hashanah holiday. The physical act of tossing crumbs is a metaphor for the mental process of seeking to toss away bad habits and improve ourselves in the coming year.

Burlington's 'Reverse Tashlich' began in 2022 when we join 240+ other communities in this new tradition of cleaning up a body of water.

YOM KIPPUR SERVICE DESCRIPTIONS

KOL NIDRE and EREV YOM KIPPUR

Sunday, September 24, 7 pm

As we listen to the haunting melody of Kol Nidrei, in the presence of our Torahs, we commit ourselves to being better people and making our lives meaningful.

YOM KIPPUR MORNING YOUNG FAMILIES' SERVICE

Monday, September 25, 9 – 9:45 am

The key themes of Yom Kippur reimagined for little Jews and their friends. Songs, stories, and key ideas of the New Year with Saragail Benjamin and Rabbi Edleson.

YOM KIPPUR MORNING SERVICE

Monday, September 25, 10 am

Yom Kippur is a spiritual mirror in which we can see ourselves more deeply. We reflect on our own failings, ask forgiveness, offer forgiveness, and celebrate the human capacity for renewal. Our music will express the themes of humility, forgiveness, and spiritual renewal through traditional chants and modern compositions enhanced by soloists, choir, keyboard, and strings.

YOM KIPPUR YIZKOR with REMEMBRANCE OF YOM KIPPUR WAR

Monday, September 25, 1:00 pm, following morning service

Yizkor reminds us how much what we have lost still guides us. This year, we will honor our beloved dead, and have special prayers in honor of the 50th Anniversary of the Yom Kippur War.

OPEN SANCTUARY FOR PRIVATE PRAYER AND REFLECTION

Monday, September 25, 2:00 – 4:00 pm

To offer you time for private prayer and reflection in the sanctuary.

CHANTING FOR RENEWAL: AN ALTERNATIVE YOM KIPPUR AFTERNOON SERVICE

Monday, September 25, 4:00 – 5:30 pm

For many of us, the traditional liturgy of Yom Kippur can be a barrier to spiritual reflection and deeper prayer. This alternative-style service will weave chanting and guided visualization/meditation with traditional prayers to open our hearts and spirits to renewal.

COMMUNITY YIZKOR HONORING THE 50TH ANNIVERSARY OF THE YOM KIPPUR WAR with PRAYERS FOR ISRAEL'S DEMOCRACY AND FOR PEACE

Monday, September 25, 5:00-6:00 pm

Fifty years ago, Israel was attacked on Yom Kippur in a war that almost destroyed the country. We will honor those who died and remember Golda Meir who was Prime Minister during the war. We will also pray for peace, dignity, safety, and freedom for all the inhabitants of that land, and for the future of Israel's democracy as forces both in and outside of Israel threaten it.

YOM KIPPUR NEILAH- The Closing of the Gates

Monday, September 25, 6 pm

Prayers for forgiveness turn to songs of gratitude and celebration at being forgiven and starting the new year afresh. The day culminates in the final *T'kiab G'dola* blast of the shofar as the sun sets over the Green Mountains. Then Break Fast with us.

YOM KIPPUR HAVDALAH AND BREAK FAST

Monday, September 25, 7 pm

A Community Break Fast will be served at the conclusion of Yom Kippur.

Yom Kippur Yizkor Service

2023/5784

Temple Sinai's Yom Kippur Yizkor Service will have a published booklet that will include a Yizkor List of names to be remembered. Please know that due to time constraints, while individuals will be remembered during the service, their names will not be read from the pulpit.

If you wish to include names to be remembered:

Log into ShulCloud at <https://templesinaivt.shulcloud.com> and choose Donate. Choose High Holy Day Yizkor Donation and use the Dedication. (Preferred method)

OR

Complete this form and return it to the Temple along with your donation.

NAMES

REMEMBERED BY: _____

DONATION: \$ _____

Please make checks payable to *Temple Sinai* and mail with this form to

Temple Sinai | 500 Swift Street | South Burlington, VT 05403